

STARTERS & SMALL PLATES.

GARLIC & CHILLI KING PRAWNS 8.95
served with toasted bread

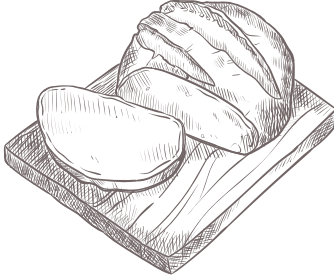
GARLIC MUSHROOMS BRUSCHETTA 7.95
topped with parmesan shavings

COD GOUJONS 7.95
served with dressed leaves & homemade tartare

BBQ PORK BON BONS 8.95
Homemade crispy bon bons served with BBQ sauce

CHICKEN TENDERS 8.95
Cooked in our homemade southern-fried coating, with garnish & aioli

CAULI WINGS 7.95
Fried breaded Cauliflower florettes with homemade aioli



CLASSICS.

LASAGNE 16.95
Beef or Vegetable. Served with garlic bread & peas. ADD FRIES - +£2.50

HOMEMADE CURRY 16.95
served with fries *OR* rice & a naan bread. ½ & ½ +£2.50

BEER-BATTERED COD 17.95
served with fries, garden *OR* mushy peas & homemade tartare sauce.

WHOLETAIL SCAMPI 16.95
In a golden breadcrumb served with fries, garden *OR* mushy peas & homemade tartare sauce.

CAESAR SALAD 16.95
Chicken & Bacon Caesar salad with gem lettuce, red onion, croutons, parmesan shavings & a classic Caesar dressing

PIZZA.

*Our 12" pizzas are made in-house with rustic dough, topped with our homemade pizza sauce and mozzarella (unless otherwise stated**)*

MARGHERITA 13.95
Finished with cherry-vine tomatoes & fresh basil

COW-PIG-CHICKEN 16.95
Finished with chicken, slow-cooked beef brisket, BBQ pulled pork, cherry-vine tomatoes & fresh rocket

PESTO CHICKEN 15.95
Finished with chicken, basil pesto & fresh basil

THE HERBIVORE 14.95
Finished with mushrooms, red onions, peppers, cherry vine tomatoes & fresh basil

HAWAIIAN 14.95
Finished with prosciutto, pineapple & fresh rocket

PEMBS CHILLI BBQ 16.95
**Spicy tomato base. Finished with BBQ pulled pork, peppers, red onion, jalapenos, fresh chillies & 'Pembrokehire Chilli Farm' BBQ sauce

'CÂR-Y-MÔR' 16.95
(*for the love of the sea*)
Finished with smoked salmon, prawns & Laverbread (Welsh seaweed)



SIDES.

SKIN-ON FRIES 3.95
Add some of our own seasoning 'Smugglers SALT' to your fries +50p

ONION RINGS 5.95
Homemade beer-battered onion rings served with Aioli

GARLIC BREAD 4.95
CHEESEY GARLIC BREAD 5.95

DIRTY FRIES
CHEESEY - mozzarella, cheddar & cheese sauce. 8.95
BBQ - Pulled pork, cheddar & BBQ sauce. 9.95
CURRY - Tikka curry sauce & crushed poppadums. 8.95
BRISKET - slow cooked beef brisket, smoky cheese & crispy onions. 10.95
STEAK - Steak strips, cheddar, crispy onions & ranch dressing. 12.95

HALLOUMI FRIES 6.95
Served with dressed leaves & sweet chilli sauce

OFF THE GRILL.

All our steaks are sourced from a local butcher providing fine quality grass-fed meat. All cooked to preference served with tenderstem broccoli, cherry vine tomatoes, skin-on fries & a garlic butter medallion

PICK YOUR CUT:

SIRLOIN. 8oz 24.95

A popular cut, known for being naturally tender & rich in flavour

RIBEYE. 10oz 28.95

A premium cut, well marbled & rich in fat with a tender juicy flavour

RUMP. 14oz 29.95

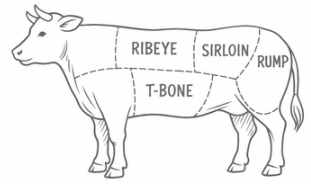
Cut from the thigh on the tail side, full of bold flavour. A larger cut for the bigger appetite.

T-BONE. 16oz 32.95

Large, bone-in cut gives the rich, juicy flavour of a striploin with the tenderness of a fillet, separated by its signature bone.

ADD A SAUCE: 3.95

Pink Peppercorn Sauce. Red Wine Jus. Creamy Welsh Whiskey Sauce. Homemade Chimichurri.



ALTERNATIVE CUTS.

GAMMON. 16oz 16.95

Horseshoe Gammon topped with fried egg and grilled pineapple.
Served with fries and garden peas

WELSH LAMB. 10oz 22.95

Bone-in 10oz Lamb Steak, cooked pink OR well done.
Served with fries, tenderstem broccoli, garlic butter medallion & a rich red wine jus.

STEAK & RANCH SALAD 22.95

Our Smugglers signature salad.

Shredded baby gem lettuce, cucumber, red onion & confit cherry vine tomatoes. Topped with steak strips, served pink OR well done finished with classic ranch dressing & crispy onions

CHICKEN.

All our Chicken dishes are coated in one of our tasty seasoning options with their partnered sauces (*unless otherwise stated) & are served with fries, dressed leaves & buttered corn on the cob

SELECT YOUR CHICKEN OPTION:

GRILLED CHICKEN BREAST 15.95

Fresh skin-less & bone-less grilled chicken breast coated in your choice of seasoning

CHICKEN WINGS 15.95

Chicken wings fried in a light breadcrumb, tossed in your choice of seasoning

SIGNATURE CHICKEN TENDERS 16.95

Fresh chicken tenders cooked in our homemade signature Southern-fried coating, tossed in your choice of seasoning.

BBQ CHICKEN MELT* 17.95

Fresh skin-less & bone-less grilled chicken breast topped with BBQ pulled pork, smoked streaky bacon BBQ sauce & cheese (*no seasoning)

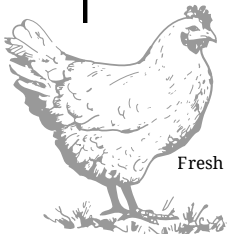
SELECT YOUR SEASONING...

GARLIC & HERB with AIOLI

PIRI-PIRI with CHIPOTLE MAYO

SMOKY BBQ with BBQ SAUCE

TERIYAKI GLAZE with SESAME



BURGERS.

All our burgers come in a toasted brioche bun with lettuce, & are served with fries & slaw. Add beer-battered onion rings +£2.50

THE PLAIN JANE 16.95

6oz Beef Patty OR Signature Southern Fried Chicken Breast

THE BLUE MOO 17.95

6oz Beef Patty, Streaky Bacon, Blue Cheese, Crispy Onion & Blue Cheese Dressing

THE SALT & SMOKE 17.95

6oz Beef Patty, Slow Cooked Beef Brisket, Smoked Welsh Cheese, Crispy Onions & Aioli

THE SOUTHERN CLUCKER 18.95

Signature Southern Fried Chicken, Streaky Bacon, Pulled Pork, American Cheese & BBQ Sauce

THE HARBOUR & HERD 20.95

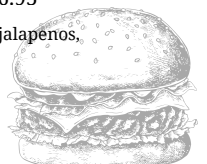
6oz Beef Patty, Steak Strips, King Prawns, Chimichurri & Aioli

THE HEATWAVE BUN 16.95

Signature Southern Fried Chicken with piri-piri seasoning, jalapenos, American cheese & chipotle mayo



BEYOND BURGER™ 16.95
"Beyond Meat" patty, Red Onion Chutney, Cheese & Aioli



ALL OUR FOOD IS PROUDLY PREPARED FRESH AND IS COOKED TO ORDER — THANK YOU FOR YOUR PATIENCE DURING BUSY TIMES
PLEASE SPEAK TO STAFF IF YOU REQUIRE ANY ALLERGY & INTOLERANCE INFORMATION